

Peer Support Group

Women's Support Group (In Person @ DRC)

77 N. 129th Infantry Dr. Joliet, IL 60435

Ages 20+

Every Other Week on Thursday's

3:00 - 4:30 PM

The following topics will be introduced to the groups:

Setting Boundaries * Social Skills * Coping Skills

Healthy Relationships * Self Worth * Confidence

Contact Julee Opel 815-729-0162 julee@drcjoliet.org for more information.



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