



Men's Peer Support Group

Ages 18 +

Wednesday, October 19th , 2022

11 AM - 1 PM

In Person at DRC

Meeting Third Wednesday of the Month

(Please bring your lunch)

The following topics will be introduced to the group:

Setting Boundaries * Social Skills * Coping Skills

Healthy Relationships * Self Worth * Confidence



Contact Kevin Huckfeldt 815-729-0162 kevin@drcjoliet.org for more information.